



Fall 2021 GIRLS Rules & Regulations

ROSTER NOTES:

- A Parent/Guardian of each player must sign the online player waiver form prior to participation.
- NO Player may compete or be rostered on more than one club or team during the tournament. Any team with a player in violation of this rule will forfeit all games in which the player has participated. This is designed to ensure athletes are not playing an excessive number of games over the weekend and to ensure fairness across all teams.

RULES OF PLAY:

- **2022-2025 – US Lacrosse/NFHS Rules**
- **2026 & 2027 – US Lacrosse U14 Rules**
- **2028 & 2029 – US Lacrosse U12 Rules**
- **2030/31 – US Lacrosse U10 Rules**

- 2021 Draws:
 - Draws will occur after every goal.
 - Exceptions:
 - Mercy rule (4 goal deficit) for 2028's & 2029's ****only in Pool Play**, not applicable during playoffs and championships.
 - 2030's and 2031's will play according to US Lacrosse 10U rules – GK clear after every goal, 1 draw to start each half only.

- **2020 US Lacrosse/NFHS Rules will be used for 2022 – 2025 divisions including the following changes:**
 - Self-Start
 - Self-starts will be permitted during the final two minutes due to the continuous clock.
 - Free movement is permitted.
 - Any major foul occurring between the 8 and 12 meter will now be administered as a free position taken on the 12-meter fan.
 - Cleared defensive zone for 8-meter free positions.
 - Penalty zone in critical scoring area (the zone).
 - **Goalies are required to wear a SEI certified chest protector.**

- **2020 US Lacrosse U14 rules will be used for all 2026 & 2027.**
 - Self-Start
 - Self-starts will be permitted during the final two minutes due to the continuous clock.
 - Free movement is permitted.
 - Any major foul occurring between the 8 and 12 meter will now be administered as a free position taken on the 12-meter fan.
 - Cleared defensive zone for 8-meter free positions.
 - Penalty zone in critical scoring area (the zone)
- **2020 US Lacrosse U12 rules will be used for all 2028 & 2029.**
 - Draws after goals: Mercy rule should be applied at 4-goal differential unless waived by the losing team coach
 - Self-Start
 - Self-starts will be permitted during the final two minutes due to the continuous clock.
 - Free movement is permitted.
 - Any major foul occurring between the 8 and 12 meter will now be administered as a free position taken on the 12-meter fan.
 - Cleared defensive zone for 8-meter free positions.
 - Penalty zone in critical scoring area (the zone)
- **2020 US Lacrosse U10 rules will be used for 2030/2031 and younger:**
 - At the draw players line up in both offensive and defensive end, traditional line up.
 - Introduction of the 8-meter arc and restraining line at midfield.
 - **After a goal, the goalkeeper clears.**
 - No checking and 3-seconds closely guarded applies.
 - Must play 1v1 defense.
 - There is no longer a pass rule.
 - Self-starts & Free movement are allowed.
 - While cards are administered at 10U and the player will serve a specific time penalty, the team does NOT play short.
 - **CARDS: A player will serve two (2) minutes for a yellow card and serve the duration of the game for a red card. The cards are non-releasable.**
- If the halftime or game horn sounds before an 8-meter shot can be taken, the shot shall be played out. When the scoring play ends, the period will expire.

GAME FORMAT:

- All Games will start promptly at the assigned times.
- Two 22-minute running halves; running clock with a direction change at halftime.
- All games are 12v12.
- Halftime will be two (2) minutes.
- The first alternate possession will always go to the team in the light-colored uniform.

- One (1) 30-second timeout per game per team; Clock does not stop therefore **timeouts cannot be called in the last four (4) minutes of the game.**
- Continuous Clock, which will be kept by the field coordinator/referees.
- Referee can stop the game for any reason that he/she feels fit. Examples include serious injury, game equipment issues, weather, etc.
- The official score will be kept by both the table staff and the game officials. The staff and referee will confer throughout the game and stoppages to ensure the correct score. Coaches from both teams are responsible for verifying and signing the score at the end of each game.
- All Substitutions are made according to US Lacrosse regulations.
- Red Card eliminates a player from the rest of the game **AND THE NEXT GAME.** Team also plays down for remainder of the game (excludes 2028/29 and younger).
- Two (2) Yellow Cards are the equivalent to a Soft Red Card and that player is eliminated from the remainder of the game. This does not include the following game but is at the discretion of the tournament director.
- While cards are administered at 10U and the player will serve a specific time penalty, the team does NOT play short.
 - **CARDS: A player will serve two (2) minutes for a yellow card and serve the duration of the game for a red card. The cards are non-releasable.**
- **BALLS – Game balls will be provided by the Field Coordinator at each field and will remain at the fields.**
- MERCY RULE - Applies to the 2027 and 2028/29 division when there is a four (4) goal deficit in pool play, not in playoffs. Teams down by four (4) or more goals will get a free position on the center line after each goal (no mercy rule in playoffs).
- The appropriate equipment and mouth guards must always be worn.
- Officials and Tournament Directors have final say on interpretations and rulings.

TIE GAMES:

- There is no Overtime in Pool Play. Tie games will end in a tie (1 point for each team).
- In playoff play (and Championships), there will be a four (4) minute sudden victory overtime period followed by a Brave Heart competition until a goal is scored. Championship games will play full field until a goal is scored.
- BRAVEHEART RULES: 1 field player and 1 goalie from each team will be used. Play will start with a center DRAW and will play out until either player scores. The first to score is the team that wins. A substitution can only occur in the event of injury. If a player needs to leave the field due to injury, the opposing player will be offered the opportunity to sub as well.
- No Time-outs in Playoff Overtime.

Playoff Seeding Criteria in Pods/Group

Overall record based on points; teams receive 3 points for win, 1 point for a tie, 0 for a loss.

1. Head-to-Head Results (only if there is a two-way tie; not applicable for three-way or more ties unless one of the tied teams beat the other tied teams)
2. Goal Differential (Total Goals scored minus goals allowed). Goal Differential is capped at +/-7.
3. Least Number of Goals Allowed

4. Number of goals scored.

5. Number of Shutouts

*For the grade levels where some teams will receive a first-round bye; byes will be awarded to teams qualifying for the playoffs based on the following criteria:

- Most Points Earned in Group Play
- Goal Differential
- Least Number of Goals Allowed
- Most Goals Scored
- Random Coin Flip

SPORTSMANSHIP/CONDUCT:

- Only Head Coaches are permitted to address the officials; and do so in a respectful manner.
- Head Coaches are responsible for any of their clubs' unruly players, asst. coaches, and fans.
- The Tournament has a one-strike policy for coaches and players. The Tournament staff has the right to remove any coach, player, or fan from the tournament at their discretion. In the event of a warning, coaches and players will be notified and any further incidents will result in that coach or player's removal from the Tournament.
- Poor Sportsmanship, taunting, trash talking, fighting, or other unsportsmanlike behavior will not be tolerated by coaches, players, and fans.
- Referees will notify the Field Coordinator of any warning given to a Coach or Player. Accordingly, the Tournament Directors will be made aware of all incidents throughout the Tournament.
- Coaches who are removed from the Tournament will be reevaluated at the end of the event, at which point their team's acceptance into future Victory Event Series events will be addressed.
- Please speak to a Tournament Director about any problems that may arise during the weekend.
- Respect your team, your opponents and the game.
- Set a good example for your players.
- Most importantly enjoy the Tournament and Have Fun!