



## 2019 Rules & Regulations

### **RULES OF PLAY:**

- US Lacrosse/NFHS Rules will be used
- Please note: on an 8-meter shot, if the game or halftime whistle sounds before an 8-meter can be taken the shot can be played out; once it changes possession or the ball goes out of bounds the play and game or half are done.

### **GAME FORMAT:**

- All Games will start promptly at the assigned times
- Two 22-minute running halves; running clock with a direction change at halftime
- All games are 12v12
- Halftime will be two (2) minutes
- In the case of a tie at the end of the game – teams will play a 3v3 Braveheart
  - 3 field players and 1 goalie per team
  - No Subbing
  - First team to score wins
- The first alternate possession will always go to the team in the light-colored uniform.
- One (1) 30-second timeout per game per team; Clock does not stop therefore timeouts cannot be called in the last four (4) minutes of the game.
- Continuous Clock, which will be kept by the field coordinator/referees
- Referee can stop the game for any reason that he/she feels fit. Examples include serious injury, game equipment issues, weather, etc.
- The official score will be kept by both the table staff and the game officials. The staff and referee will confer throughout the game and stoppages to ensure the correct score. Coaches from both teams are responsible for verifying and signing the score at the end of each game.
- All Substitutions are made according to US Lacrosse regulations.
- Red Card eliminates a player from the rest of the game AND THE NEXT GAME. Team also plays down for remainder of the game.
- Two (2) Yellow Cards are the equivalent to a Soft Red Card and that player is eliminated from the remainder of the game. This does not include the following game but is at the discretion of the tournament director.
- The appropriate equipment and mouth guards must be worn at all times.
- Officials and Tournament Directors have final say on interpretations and rulings.

### **SPORTSMANSHIP/CONDUCT:**

- Only Head Coaches are permitted to address the officials; and do so in a respectful manner.
- Head Coaches are responsible for any of their clubs unruly players, asst. coaches, and fans.
- The Little Rock LaxFest has a one-strike policy for coaches and players. That being said, the

- Little Rock LaxFest Staff has the right to remove any coach, player, or fan from the tournament at their discretion. In the event of a warning, coaches and players will be notified and any further incidents will result in that coach or player's removal from the Little Rock LaxFest.
- Poor Sportsmanship, taunting, trash talking, fighting, or other unsportsmanlike behavior will not be tolerated by coaches, players, and fans.
- Referees will notify the Field Coordinator of any warning given to a Coach or Player. Accordingly, the Tournament Directors will be made aware of all incidents throughout the Tournament.
- Coaches who are removed from the Tournament will be reevaluated at the end of the event, at which point their team's acceptance into future Victory Event Series events will be addressed.
- Please speak to a Tournament Director about any problems that may arise during the weekend.
- Respect your team, your opponents and the game.
- Set a good example for your players.
- Most importantly enjoy the Little Rock LaxFest and Have Fun!